

Low Carb / Gluten Free Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Morning
Snack**

Applesauce and Cereal



Seasonal Fruit and Pretzels



Cereal and Rice Milk



Sugar Free Natural Jam & Rice Cakes



Oatmeal



**Afternoon
Snack**

Cheese and Craisins



Cucumbers and Hummus



Apples and Cinnamon



Sliced
Oranges



**TEACHER'S
CHOICE**