

  
**Preschool of the Arts**  
AT THE CHABAD NAPLES JEWISH COMMUNITY CENTER  
*Preschool of the Arts Weekly Specials*

*Our comprehensive, holistic program is designed to promote each child's intellectual, social, physical and emotional growth. To that end, we incorporate a wide range of specials into our set curriculum to introduce our students to creative, physical, and stimulating activities beyond the classic classroom routine.*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>AMERICAN SPORTS KARATE</b> Cute Cassatt, Little Van Gogh, Pre-K Picasso & Pre-K Pollock	 <b>Gardening</b> Bi-Weekly	 <b>Music &amp; Performing Arts</b>	 <b>Art Class</b> Cheery Chagall, Tiny Da Vinci Mini Monet & Mini Morisot	 <b>Music Class</b> Cheery Chagall, Tiny Da Vinci
<b>Music Fun Time</b> Cheery Chagall,	<b>Yoga Class</b> Bi-Weekly	Mini Monet, Mini Morisot, Cute Cassatt, Little Van Gogh, Pre-K Picasso & Pre-K Pollock	<b>Little Chefs</b> Bi-Weekly	 <b>Science</b>
 Tiny Da Vinci, Mini Monet & Mini Morisot	 <b>Art Class</b> Cute Cassatt, Little Van Gogh Pre-K Picasso & Pre-K Pollock	 <b>Garden Time</b> Cheery Chagall & Tiny Da Vinci	 <b>Outdoor Artist Center &amp; Marketplace</b> Bi-Weekly	Cute Cassatt, Little Van Gogh, Pre-K Picasso & Pollock
<b>Español</b> <b>Spanish Class</b> Pre-K Picasso & Pre-K Pollock	 <b>Marketplace</b> Mini Monet Bi-Weekly	<b>Español</b> <b>Spanish Class</b> Pre-K Picasso & Pre-K Pollock	 <b>Outdoor Artist Center &amp; Marketplace</b> Bi-Weekly	 <b>Challah Baking Shabbat Celebration</b>
 <b>Marketplace</b> Tiny Da Vinci Bi-Weekly	 <b>Marketplace</b> Mini Monet Bi-Weekly	 <b>Marketplace</b> Mini Morisot Bi-Weekly	Cute Cassatt, Little Van Gogh, Pre-K Picasso & Pre-K Pollock	 <b>Outdoor Artist Center</b> Bi-Weekly
				Cheery Chagall, Tiny Da Vinci Mini Monet & Mini Morisot



The POTA Children's Marketplace is an engaging dramatic play center where children practice a multitude of skills in a true-to-life setting.



**Visual Arts:** At the cornerstone of our school is our arts program. We believe introducing children to the vast world of art sparks their imaginations and inspires their creativity. They learn a host of skills and acquire tremendous self-esteem when given varied opportunities to create. In addition to class time art projects, our dedicated art instructors work with the children to expose them to different artists and their artistic styles.



**Music Fun Time:** Our youngest classes will enjoy an additional music-themed class as we expose them to a variety of musical experiences that will spark their love of song and movement.





**Music and Performing Arts:** POTA's dynamic music specialist works with the children to develop their innate musical abilities with tunes and instruments that inspire them to sing and dance. This class incorporates learning new songs and musical techniques that improve the students' dynamics, tempo, beat and rhythm. As they move and play along with child-friendly rhythm instruments, the children also hone important motor skills and social development.

## AMERICAN

**SPORTS KARATE Martial Arts:** The program focuses on personal character development through physical discipline. The exciting, yet disciplined, classes help focus children's attention, thus improving their ability to learn. Each new martial arts skill builds a sense of accomplishment and with each new accomplishment, a student's self-confidence grows. Confidence is the first step in the empowerment of a child's physical and mental abilities.



**Yoga:** Yoga promotes a child's self-esteem and body awareness through a physical activity that is non-competitive. Through this calming and body-conscious activity that focuses on breathing, children learn techniques for self-health and relaxation. The practice of yoga in young children also enhances their flexibility, strength, coordination, and overall concentration.



**Gardening:** Our professionally landscaped Garden of the Arts offers children a comprehensive, natural outdoor space that lets children play an active role in planting our vegetable and sensory garden as they discover the beauty and intricacies of the great outdoors. POTA's botany expert works to make outdoor exploration time an extended sensory and learning process through integrative art and science projects as children observe, discover, experiment, nurture and learn.



**Little Chefs:** POTA's culinary exploration program teaches children to have fun through experimenting in the kitchen and that the food can be a source of pleasure, connection and creativity. Students pick their own fresh snacks from our Garden of the Arts and enjoy using the herbs and vegetables they grow to prepare healthy dishes in our Little Chefs program. In Little Chefs, children learn basic cooking skills, healthy eating habits and advance their math skills when measuring the ingredients. Children prepare different dishes each week, building their self-confidence in their ability to create.



**Science:** Our science specialist guides POTA students in hands on exploration of specific science topics through fun experiments that are both engaging and interactive. Children enjoy captivating demonstrations, perform simple science experiments and discover how science can help us to better understand the world around us.

## Español

**Spanish:** Cutting-edge research in brain development emphasizes the benefits of learning a foreign language at a very early age. Starting foreign language instruction early sets the stage for students to develop advanced proficiency in one or more languages. In this class, students will build pathways needed to acquire a new language while also enhancing cognitive and creative abilities.



**Shabbat Celebration:** Jewish culture, holidays, and morals are introduced with songs, stories, cooking, and crafts. Shabbat is celebrated at school each week in an atmosphere of joyful togetherness and sharing. Children enjoy weekly Challah baking and welcome Shabbat with songs and excitement.



**MONTHLY - Visiting Artist:** POTA's unique *Art and About* program welcomes visiting local artists into our preschool and provide our students with the special opportunity to create a piece of art with a professional. Through our various artists, children are exposed to a wide array of art media and styles, expanding their horizons on what it means to be an artist.