

Low Carb / Gluten Free Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

**Morning
Snack**

Applesauce and Cereal



Seasonal Fruit and Pretzels



Cereal and Rice Milk



Natural Jam & Rice Cakes



Cheese and Craisins



**Afternoon
Snack**

Plantain Chips



Cucumbers and Hummus



Apples and Cinnamon



Sliced Oranges



**TEACHER'S
CHOICE**